

BeetFlo Plus™

Supports Healthy Blood Pressure, Heart Health & Energy

A Vascular Fountain of Youth

In 1998 three men won the Nobel Prize in Medicine for their discoveries in relation to "Nitric Oxide as a signaling molecule in the cardiovascular system." They found that Nitric Oxide makes a vasodilator substance.

What is Nitric Oxide?

It is a gaseous substance made in the endothelium which is the delicate lining inside all blood vessels, from the largest arteries in your heart to the smallest capillaries. It is responsible for delivering vital oxygen and nutrients, and this is where Nitric oxide is produced to keep the body healthy. **Nitric oxide signals the muscles in your arteries to relax and widen, allowing blood to flow freely.**

Why is Nitric Oxide Called "The Miracle Molecule"?

It has been hailed as "the miracle molecule" because of its extraordinary importance in our circulatory and cardiovascular systems — as well as in the health of virtually every cell in the body.

"In the heart, Nitric Oxide is the body's way of protecting against cardiovascular disease," according to Dr. Ignarro (Nobel Prize doctor) "The arteries make Nitric Oxide to lower blood pressure and improve blood flow to organs because it is a vasodilator, which means it widens or relaxes the arteries so that more blood can flow through."

Health benefits of Nitric oxide:

- ✓ Supports healthy blood pressure
- ✓ Improves blood circulation
- ✓ Soothes painful legs and feet
- ✓ Increases Energy and Stamina
- ✓ Boost cognitive function
- ✓ Supports heart health
- ✓ Enhanced Immune Function
- ✓ Enhanced muscles & joint recovery
- ✓ Boost sexual function (for men and women)

How to improve (N.O.)?

Proper nutrition and exercise: When certain foods are consumed, nitrates are converted into nitric oxide which covers a wide range of health benefits. These food nutrients can be achieved more efficiently and more effectively when combined in standardized extracts, as in BeetFlo Plus.

HOW DOES IT WORK?

The ingredients don't contain Nitric Oxide itself, but they include ingredients that help form N.O. in your body naturally.



The Key to Living Healthier and Longer, Nitric Oxide?

BeetFlo Plus contains:

- **L-arginine** - is an essential amino acid that directly produces nitric oxide through a process called L-arginine N.O. pathway.
- **L-citrulline** works with L-arginine to maintain optimal nitric oxide levels in the body. It also helps to increase protein breakdown and production to build stronger muscles. Studies have found L- citrulline to increase blood flow, improve exercise performance, and lower blood pressure.
* Curr opin Clin Nutr. Metab Core. 2017 Jan; 20 (1) : 92-98. doi:10.1097/mco. 0000000000000340.
- **Beets Organic (4% Nitrates, 20:1)** - Are rich in dietary nitrates, which your body can convert to nitric oxide. Studies show N.O. levels increased 21 % after just 45 mins.
* (2018 Jan 25; 13(1) e0191030.doi: 10.1371/2018 NIH Journal. phone 0191030; ecollection 2018.)
- **Garlic 1% Allicin** - can enhance the bioavailability of Nitric Oxide and may increase levels of NO synthase up to 40% within an hour.
* (Pubmed Life Sci 2002 Jun 21; 71 (5) : 509-17. doi: 10.1016/s 0024-3205 (02) 01706.)

Garlic enhances N.O. levels but can improve exercise performance, decrease blood pressure, and boost flow.

* (Curr opin Clin Nutr. Metab Care 2017 Jan; 20(1) : 92-98. doi :10.1097/ mco.0000000000000340)

- **Grape seed extract 85%** - Oligomeric proanthocyanidins - Can increase levels of Nitric Oxide synthase, which can help enhance N.O. levels.
* (Ran Cont trial > Cir. Res 2012 Sept 28; 111(8): 1065-8 doi: 10.1161/CircresAHA.112.275636. Epub 2012 Sep 6.)

- **Blueberry extract (36:1)** - Blueberries contain a large number of phytochemicals, including abundant anthocyanin pigments. Studies show intake of blueberries with reduced risk of cardiovascular disease and type 2 diabetes.
* Adv.Nutr.>.v.11(2);2020 mar> Pmc7442370.

- **Trans-Resveratrol 98%** - this polyphenol compound comes from the skins of red grapes. Resveratrol has been shown in studies to have blood-pressure-lowering effects by helping to produce more nitric oxide.

Facts:

If you are not getting proper blood supply to every organ, tissue and cell in the body then that organ can't perform.

When it comes to heart attacks, without sufficient blood supply the heart fails. But if you restore blood flow, it can be repaired.

Nitric Oxide Controls and Regulates the #1 Hypotheses For Aging: Telomeres shortening. Telomeres are the main indicator of longevity. While shortened telomeres indicate a shortened life expectancy and longer telomeres indicate longevity.

Nitric Oxide activates Telomeres and delays Endothelial cell deterioration with age.

People in their 40's and beyond are only getting as little as 15% of the nitric oxide levels they had in their 20's. The older we get the less Nitric Oxide we make. As we age, we lose 85% of our ability to make Nitric Oxide.

"EVERY SINGLE CHRONIC DISEASE IS CHARACTERIZED BY A DECREASED BLOOD FLOW TO THE AFFECTED ORGANS AND TISSUES"

– Dr. Ignarro, Nobel Prize Doctor



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